A FUN AND EASY WAY TO BETTER YOUR RELATIONSHIP WITH YOUR PARTNER

BY GIVING HONEST ANSWER TO THE FOLLOWING QUESTIONS, YOU WILL GET A SENSE OF THE QUALITY OF YOUR CURRENT LOVE MAPS. FOR THE MOST ACCURATE READING OF HOW YOUR MARRIAGE IS DOING, BOTH OF YOU SHOULD COMPLETE THE FOLLOWING.

QUESTION	SCORE
I CAN NAME MY PARTNER'S BEST FRIEND.	
I CAN TELL YOU WHAT STRESSES MY PARTNER IS CURRENTLY FACING.	
I KNOW THE NAMES OF SOME OF THE PEOPLE WHO HAVE BEEN IRRITATING MY PARTNER LATELY.	
I CAN TELL YOU SOME OF MY PARTNER'S LIFE DREAMS.	
I AM VERY FAMILIAR WITH MY PARTNER'S RELIGIOUS BELIEFS AND IDEAS.	
I CAN TELL YOU ABUT MY PARTNER'S BASIC PHILOSOPHY OF LIFE.	
I CAN LIST THE RELATIVES MY PARTNER LIKES THE LEAST.	
I KNOW MY PARTNER'S FAVORITE MUSIC.	
I CAN LIST MY PARTNER'S THREE FAVORITE MOVIES.	

Give yourself 1 point for each 'True' answer and 0 for each 'False' answer

QUESTION	SCORE
MY SPOUSE IS FAMILIAR WITH MY CURRENT STRESSES.	
I KNOW THE THREE MOST SPECIAL TIMES IN MY PARTNER'S LIFE.	
I CAN TELL YOU THE MOST STRESSFUL THING THAT HAPPENED TO MY PARTNER AS A CHILD.	
I CAN LIST MY PARTNER'S MAJOR ASPIRATION AND HOPES IN LIFE.	
I KNOW MY PARTNER'S MAJOR CURRENT WORRIES.	
MY PARTNER KNOWS WHO MY FRIENDS ARE.	
I KNOW WHAT MY PARTNER WOULD DO IF HE OR SHE SUDDENLY WON THE LOTTERY.	
I CAN TELL YOU IN DETAIL MY FIRST IMPRESSIONS OF MY PARTNER.	
PERIODICALLY I ASK MY PARTNER ABOUT HIS OR HER WORLD RIGHT NOW	
I FEEL THAT MY PARTNER KNOWS MY WORLD PRETTY WELL	
MY SPOUSE IS FAMILIAR WITH MY HOPES AND ASPIRATIONS	

Give yourself 1 point for each 'True' answer and 0 for each 'False' answer

QUESTION	SCORE
MY SPOUSE IS FAMILIAR WITH MY CURRENT STRESSES.	
I KNOW THE THREE MOST SPECIAL TIMES IN MY PARTNER'S LIFE.	
I CAN TELL YOU THE MOST STRESSFUL THING THAT HAPPENED TO MY PARTNER AS A CHILD.	
I CAN LIST MY PARTNER'S MAJOR ASPIRATION AND HOPES IN LIFE.	
I KNOW MY PARTNER'S MAJOR CURRENT WORRIES.	
MY PARTNER KNOWS WHO MY FRIENDS ARE.	
I KNOW WHAT MY PARTNER WOULD DO IF HE OR SHE SUDDENLY WON THE LOTTERY.	
I CAN TELL YOU IN DETAIL MY FIRST IMPRESSIONS OF MY PARTNER.	
PERIODICALLY I ASK MY PARTNER ABOUT HIS OR HER WORLD RIGHT NOW	
I FEEL THAT MY PARTNER KNOWS MY WORLD PRETTY WELL	
MY SPOUSE IS FAMILIAR WITH MY HOPES AND ASPIRATIONS	

Give yourself 1 point for each 'True' answer and 0 for each 'False' answer

Scoring: Give yourself 1 point for each "True" answer, and 0 point for each "false" answer.

<u>10 or above:</u> This is an area of strength for your marriage. You have a fairly detailed map of your spouse's everyday life, hopes,

fears, and dreams. You know what makes your spouse "tick."

<u>Below 10:</u> Your marriage could stand some improvement in this area. Perhaps you never had the time or the tools to really get to know each other. Or perhaps your love maps have become outdated as your lives have changed over the years. In either case, by taking the time to learn more about your spouse now, you'll find your relationship becomes stronger.

Give yourself 1 point for each 'True' answer and 0 for each 'False' answer

### THE LOVE MAP QUESTIONNAIRE BONUS QUESTIONS

- 1. Name my two closest friends. (2)
- 2. What is my favourite musical group, composer, or instrument? (2)
- 3. What was I wearing when we first met? (2)
- 4. What is my favourite meal? (2)
- 5. What do I most like to do with time off? (2)
- 6. Which side of the bed do I prefer? (2)
- 7. What kind of present would I like best? (2)
- 8. What is my favourite way to spend an evening?(2)
- 9. What is my favorite movie? (2)
- 10. Name one of my hobbies. (3)
- 11. Who is my greatest source of support (other than you)?(3)
- 12. What turns me on sexually?(3)
- 13. What is my favorite getaway place? (3)
- 14. What stresses am I facing right now? (4)
- 15. What would I consider my ideal job? (4)
- 16. Name two of the people I most admire. (4)
- 17. What do I fear the most? (4)
- 18. What are some of the important events coming up in my life? How do I feel about them? (4)
- 19. Do I have a secret ambition? What is it? (4)
- 20. What personal improvements do I want to make in my life? (4)

### THE LOVE MAP QUESTIONNAIRE BONUS QUESTIONS

Play this game together in the spirit of laughter and gentle fun. The more you play, the more you'll

learn about the love maps concept and how to apply it to your own relationship.

Each of you should take a piece of paper and pen. Together, try to answer some, or all of the above questions.

Each of you should ask your partner the question.

If your partner answers correctly (you be the judge), he or she receives the number of points indicated for that question, and you receive one point.

If your partner answers incorrectly, neither of you receive any points. The same rules apply when you answer. The winner is the person with the higher score after you've both answered all questions.

Don't worry if you one of you, or both have a low score, this is your chance to start asking the right questions and get to know in each other on a deeper level to build a stronger connection.